



Memory Cafe Programme

Middle Street Resource Centre,
Middle Street,
Beeston NG9 2AR
Tel: 07846 403342



Email: beestonmemorycafeinfo@gmail.com

Website: <http://beestonmemorycafe.com/>

Time: 1.45-3.45	What will we be doing?
1 October	Fun and Games with children from John Clifford School Massage Sandy Bailey entertains
8 October	Singing with Sylvia and Christine Carers' Session – Connie Chan, Green Doctor Fun and Games
15 October	Songs from the Sea with Anglers Mates Massage Card-making with Lin
22 October	Kevin brings songs from the 50s and 60s
29 October	Exercise with Caroline Fun and Games
5 November	Fun and Games with children from John Clifford School Massage Christmas Wreath-making with Lin
12 November	Singing with Sylvia and Christine Carers' Session Blue Watch, Nottinghamshire Fire and Rescue Service Oldish Spice
19 November	Dancing with Doug Massage tba
26 November	Martin Perry sings songs from the 60s and 70s
3 December	Fun and Games with children from John Clifford School Massage Raffle Draw
10 December	Attenborough Bell Ringers tba
17 December	Beeston Methodist Carol Choir Christmas Party Join in and sing with Kevin Smith
24 December	No meeting
31 December	Memory Café open for chat and refreshments

Cost per session: £5.00 per couple

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Beeston Dementia Friends: Registered Charity number: 1169865